## Declaration of Rosabel Carrera

## I, Rosabel Carrera, declare as follows:

- 1. My name is Rosabel Carrera. I am 59 years old and a Mexican citizen. I am currently detained at LaSalle ICE Processing Center in Jena, Louisiana.
- 2. If I were released, I would live with my son Marion Carrera at 126 Indian Hills Rd, White Bluff, TN 37187.
- 3. I am extremely sick. In all, I have to take 13 pills each day for my various conditions.
- 4. I suffer from diabetes and I take Glipizide and Metformin orally and two injections of insulin each day to control my diabetes. My blood sugar level was 109 this morning and 347 last afternoon.
- 5. I also suffer from hypertension. I take pills for that as well. When my blood spikes, I have headaches.
- 6. I suffer from arthritis in my hands and feet as well and therefore am constantly in pain.. Sometimes, I cannot even pick up a water bottle.
- 7. I have also lost a lot of vision since I've been here. I almost cannot see out of my left eye anymore. About three or four months ago, a doctor told me that I have cataracts and need surgery for that.
- 8. I also suffer from obesity. I am five foot, three inches tall and weigh 252 pounds. My doctors recently told me that my cholesterol is high. Sometimes, I feel a strange sensation like a whole bunch of bites as well.
- 9. I am also having problems with my heart. About two years ago, I had a heart attack and stroke. Last week, they took me to the hospital more than two hours away because I was experiencing chest pains again.
- 10. I am in a dorm, Falcon-D, with 80 other women at LaSalle. We all share three working toilets, six showers, and one microwave. We all eat together in the dorm and spend all day together. We have no other choice. We are allowed to go to an enclosed yard in the detention center two or three times a day for an hour each time. Otherwise we are stuck in the dorm. We do not have access to anything to disinfect anything in our dorms with.
- 11. Guards come in and out of the dorms all day and none of them wear masks. ICE also regularly brings new detainees from the outside into our dorms. This influx has not stopped since the coronavirus outbreak.

- 12. Three days ago, guards came and told us that we should take precautions because of coronavirus and told us to wash our hands more. After they left, they shot people with rubber bullets and tear gas in another dorm called Falcon Charlie. Because some of the gas ended up drifting into our dorm, we were all coughing and had a hard time breathing in our dorm. Some people in my dorm vomited.
- 13. I have authorized my attorney to sign on my behalf, given the difficulty of arranging visitation and travel in light of the current COVID-19 pandemic. If required to do so, I will provide a signature when I am able to do so.

I declare under penalty of perjury that the foregoing information is true and correct to the best of my knowledge.

Date: 3/27/2020

Jeremy Jong signing on behalf of Rosabel Carrera